

Magnesium Citrate Extended Prep

2 Days Prior To Procedure

You will need to purchase an 8–10 oz bottle of Magnesium Citrate at your pharmacy. It is available over the counter without a prescription. Two nights before your colonoscopy, drink the whole bottle. You will then need to drink 4 glasses of water after drinking the Magnesium Citrate. Follow the attached instructions for the preparation on the day before your colonoscopy.

EXAMPLES OF WHAT MAGNESIUM CITRATE LOOKS LIKE:

